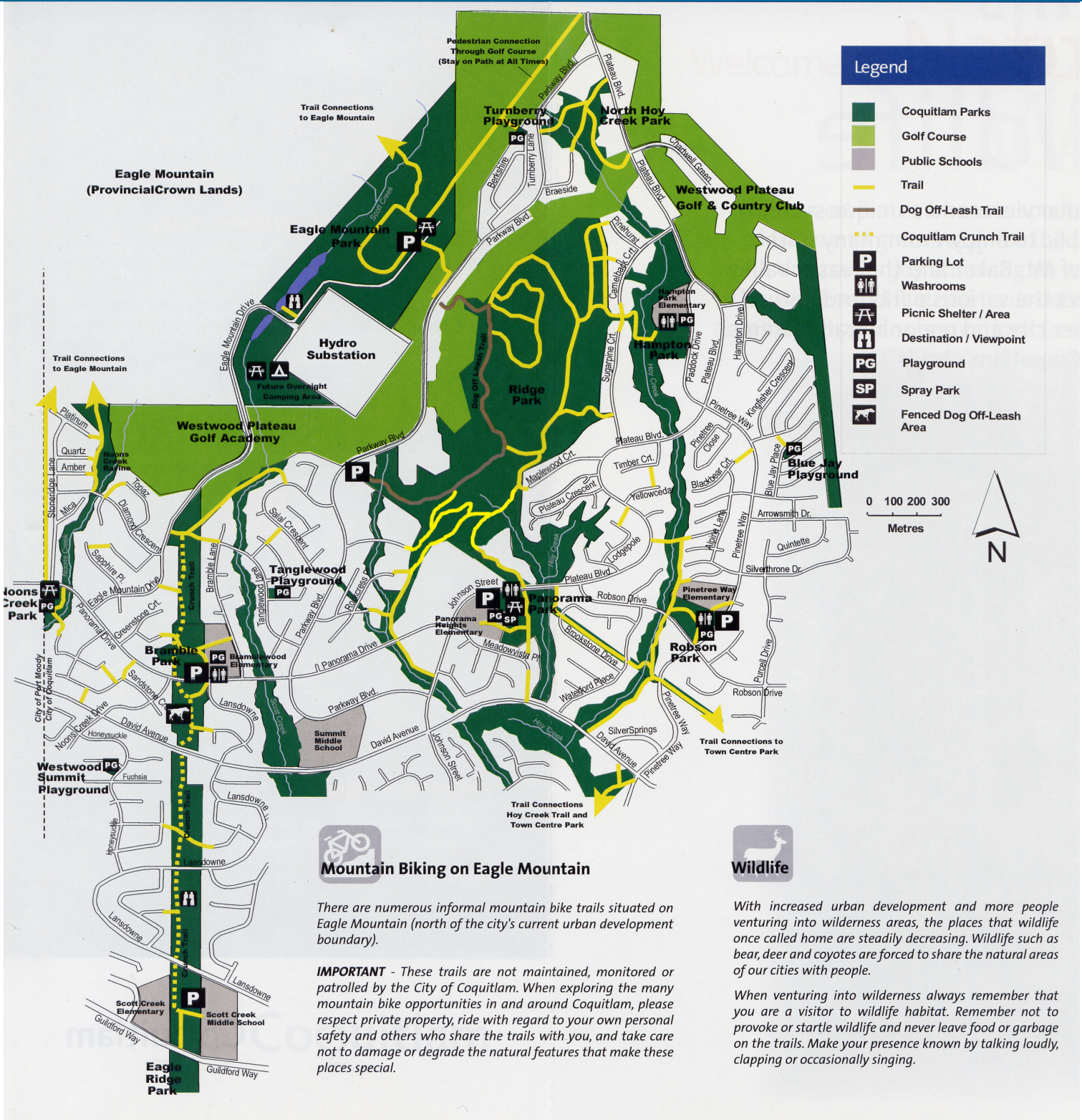


Westwood Plateau Parks and Trails



Mountain Biking on Eagle Mountain

There are numerous informal mountain bike trails situated on Eagle Mountain (north of the city's current urban development boundary).

IMPORTANT - These trails are not maintained, monitored or patrolled by the City of Coquitlam. When exploring the many mountain bike opportunities in and around Coquitlam, please respect private property, ride with regard to your own personal safety and others who share the trails with you, and take care not to damage or degrade the natural features that make these places special.

Wildlife

With increased urban development and more people venturing into wilderness areas, the places that wildlife once called home are steadily decreasing. Wildlife such as bear, deer and coyotes are forced to share the natural areas of our cities with people.

When venturing into wilderness always remember that you are a visitor to wildlife habitat. Remember not to provoke or startle wildlife and never leave food or garbage on the trails. Make your presence known by talking loudly, clapping or occasionally singing.